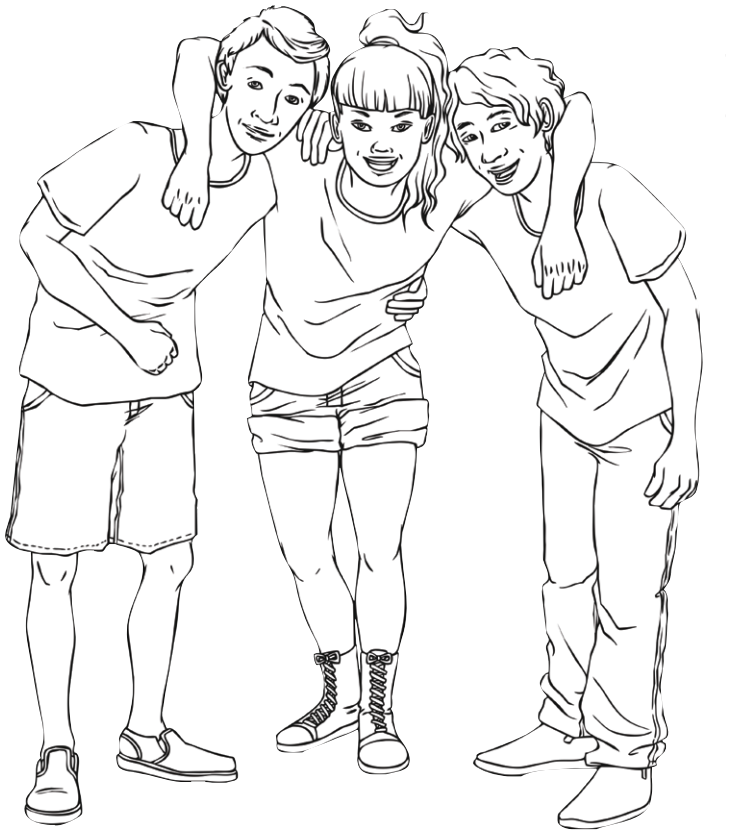
Telling the Truth

Telling the truth means...

Telling the truth is important because...

Here's a story about a time when I didn't tell the truth.